

City of Sacramento  
**Sacramento Youth Commission Report**  
915 I Street Sacramento, CA 95814  
www.cityofsacramento.org

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**File ID:** 2024-00962

5/6/2024

**Discussion Item 4.**

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**#SacTownYouthNights 2023**

File ID: 2024-00962

**Location:** Citywide

**Recommendation:** Receive and file.

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Department of Youth, Parks, & Community Enrichment

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**Attachments:**

1-Description/Analysis

**Description/Analysis**

**Issue Detail:** 26 local community-based organizations (CBOs) are hosting Friday-and-Saturday-night drop-in events for youth in priority Sacramento neighborhoods between July 2023 - August 2024.

The organizations were selected through the #SacTownYouthNights request for applications (RFA) process released by the City of Sacramento's Office of Youth Development in September 2023.

Through this RFA process, the City is providing \$1.3 million in funding for 26 youth-serving CBOs to plan and host twice-monthly drop-in events that are youth led, adult supported and designed for youth ages 12-24.

CBOs Selected are:

1. 3 Point 0 - Studio T Arts & Entertainment
2. Academic Boost LLC
3. Academics 4 Athletes
4. Allen Chapel AME Church
5. Ball Out Academy Inc

6. Boys & Girls Clubs of Greater Sacramento
7. Breathe California Sacramento Region
8. C.H.A.M.P.S. 4 Life
9. Daughters of Zion Enterpryz
10. Escape Velocity Resources Foundation Inc
11. Feed Sacramento Homeless
12. Hmong Youth and Parents United
13. I Am ManPower Academy Inc.
14. I Sound Music Performing Arts Community Development, Inc
15. Impact Sac
16. Improve Your Tomorrow
17. La Familia Counseling Center
18. Musical Instruments 'N Kids' Hands
19. Sojourner Truth African Heritage Museum
20. ReIMAGINE Mack Road Foundation
21. Roberts Family Development Center
22. R.O.Y.A.L. DANCERS
23. Sacramento LGBT Community Center
24. SISTABEES
25. Stanford Settlement, Inc.
26. Voice of the Youth

**Policy Considerations:** The proposed action is responsive to the social, emotional, academic, and physical needs of youth and families impacted by COVID-19 and therefore constitutes a necessary expenditure to mitigate the effects of the public health emergency. The proposed recommendation is consistent with the Council approved Citywide Youth Development Plan and Framework for Inclusive Economic & Community Development.

**Economic Impacts:** There is vast research demonstrating that investing in young people can have long-term impacts both on an individual's future outcomes and on the public in the form of broader tax base.

**Environmental Considerations:** Not Applicable.

**Sustainability:** Not Applicable.

**Commission/Committee Action:** Not Applicable.

**Rationale for Recommendation:** Community-family support nets collectively provide critical protective factors that young people require for healthy development including connections to other supportive adults and their peers. Many parents are struggling to meet the basic physical and

emotional needs of youth in their households. In May 2020, the COVID-19 Resilience Poll ("Poll")<sup>2</sup> was conducted with over 2,500 greater Sacramento area residents and uncovered the severe impacts COVID-19 has caused in the region. By May, more than 150,000 jobs were lost, and unemployment climbed to over 14%. For those who saw an extreme reduction in income as a result of COVID-19, their ability to afford basic needs is severely heightened; nearly 70% reported that they cannot afford or can barely afford to pay rent or mortgage, 80% reported the same about paying bills and over 60% reported having an inadequate food supply.

To reduce and mitigate the negative physical, social, and emotional effects on youth caused by COVID-19, youth development experts recommend that families and communities work together to promote the following protective factors: meet the basic needs of children, youth and families including food, shelter, and health/mental health care; ensure the presence of trusted and caring adults; ensure positive social connections. All possible steps to minimize social isolation should be taken and; ensure the wellbeing of caregivers.

**Financial Considerations:** Not Applicable.

**Local Business Enterprise (LBE):** Not Applicable.