

ITEM NO: 6

ROLL CALL

NEIGHBORHOOD AND PUBLIC SAFETY ISSUES COUNCIL COMMITTEE

MOVED BY: SP SECONDED BY: DO DATE: 9/2/93

MOTION: Forward to the City Council

		AYE	NO	ABSTAIN	ABSENT
KERTH	D2	✓			
ORTIZ	D5	✓			
PANNELL	D8	✓			
STEINBERG	D6	✓			

NOTES: _____

SEQUENCE ORDER: 6

6

DEPARTMENT OF
FINANCE

BUDGET DIVISION

CITY OF SACRAMENTO
CALIFORNIA

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August 25, 1993

Neighborhood and Public Safety Issues Committee
Sacramento, California

Honorable Members in Session:

SUBJECT: Support of a Trial Time Dollar Volunteer Program

LOCATION AND COUNCIL DISTRICT: District 6

RECOMMENDATION

It is recommended that this Committee support a private trial volunteer program in the Sim Community Center area and forward the attached resolution to the full City Council for adoption.

CONTACT PERSON: Jack R. Crist, Deputy City Manager, 264-5704

FOR COUNCIL MEETING OF: September 2, 1993

SUMMARY

The City has been approached to support the concept of a trial neighborhood volunteer program that utilizes "Time Dollar" concepts. This program will be developed and operated through private volunteers. The City will provide \$500 to cover start up costs, possible Sim Community Center office space, and indirect support to the program.

BACKGROUND INFORMATION

The City has been approached to support a pilot volunteer program. This program will coordinate volunteer efforts in a specific neighborhood through the use of time dollar concepts. Time dollar is a barter system for volunteer services. Time dollar programs establish a record of volunteer work acting as a central bank for volunteer service credits. Volunteers can then exchange service credits for volunteer services they may need. The program enables citizens to turn their hidden resource (time) into personal security and community renewal.

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Beyond the bartering system, Time Dollar concepts seek to strengthen neighborhoods by matching area needs with resources in neighborhoods. This program attempts to create an environment in which young people can interact with older citizens to address neighborhood needs and concerns. Partnerships are created between schools, businesses, neighborhood associations, and the City. The program, by uniting a mixture of people and organizations, helps to break down barriers that isolate people.

This pilot project will be implemented in the vicinity of the Sim Community Center. A private volunteer, Betty Brill, will coordinate the program's development and operations. It is estimated that the trial program will take approximately 60 days to implement. After one year, staff will return with a follow up report on the success of this program.

FINANCIAL

The City will provide \$500 to offset start up costs, office space at the Sim Community Center, and indirect support to the program. This program will actively seek grant funding to fully develop this program. If this program expands beyond the pilot program, the City may assist in further development of the program.

POLICY CONSIDERATIONS

This program is consistent with other neighborhood programs which seek citizen and local government interaction.

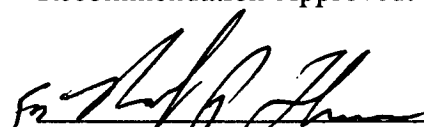
MBE/WBE

This report does not involve the purchase of goods or services.

Respectfully submitted,


Jack R. Crist
Deputy City Manager

Recommendation Approved:


William H. Edgar
City Manager

RESOLUTION NO.

ADOPTED BY THE SACRAMENTO CITY COUNCIL

ON DATE OF _____

RESOLUTION SUPPORTING A TRIAL VOLUNTEER PROGRAM

BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF SACRAMENTO THAT:

1. The City Council endorses a trial volunteer program that establish a record of volunteer service credits and attempts to bring neighbors together. The trial program will be located in the Sim Park neighborhood.
2. The Neighborhood Services Department is authorized to expend up to \$500 to cover start-up costs of this trial program, possible office space at the Sim Community Center, and indirect support to the program.
3. City staff will report back after one year to review the results of this trial program.

MAYOR

ATTEST:

CITY CLERK

FOR CITY CLERK USE ONLY

RESOLUTION NO.: _____ 3

DATE ADOPTED: _____

Young People Learn By Giving Up a Little Of Their Spare Time

Teenager Marc Campos moved in with his older brother when their widowed mother was hospitalized with mental illness. His brother told the withdrawn 16-year-old to "do something constructive," so he volunteered at Alzheimer's Services of the East Bay.

"Since my mom was afflicted with mental illness, and I was good at dealing with her, I thought I could be good dealing with other people," Campos said.

Two years ago, when he started at the center, he was so shy he couldn't look the staff in the eye. But Campos, now an 18-year-old senior at San Lorenzo High School, warmed to the clients and became a weekly volunteer.

He spends a few hours each Saturday talking to Alzheimer's patients whose families need a break from taking care of them. He takes their coats and gets them coffee. They chat about things he reads them from the newspaper.

"I saw how friendly the patients were," Campos said. "They were open and willing to joke. I saw that if they were that friendly, it might not be that hard to talk to them."

Campos said that even though the patients might ramble or forget what they were saying, talking to them made it easier for him to open up to other people.

"Nothing you could say to them could be wrong. Normal people criticize because they have certain expectations, but these people don't criticize. They accept you. That's why it was easier to deal with them."

A lot of young people like

Marc Campos are choosing to get constructive. At least 12.4 million young Americans have given their time free.

Without making a big deal of it, these 12- to 17-year-olds logged 2.1 billion volunteer hours in 1991, according to a survey by Independent Sector. Young people, mostly through church and school programs, averaged 3.2 hours of community service a week. The number of young volunteers jumped from 7.7 million to 12.4 million from 1989 to 1991. Volunteer coordinators credit that increase to more educational programs that stress learning by doing.

"Locally, we see schools involved in a whole movement towards experiential learning or service learning," said Loyce Haran, executive director of the Volunteer Center of San Mateo County. "They want to be able to apply what they learn volunteering to what they learn in the classroom."

Next month, the San Francisco Volunteer Center and the San Francisco Unified School District will launch "Linking San Francisco," one of the nation's most ambitious experiential learning programs. Twenty schools and 2,000 second-through 12th-graders will participate.

"Kids learn when they are actively involved," said Mark Friedman, youth coordinator for the San Francisco Volunteer Center. "If you are studying immigration and you volunteer to tutor a recent immigrant in English as a second language, you get an entirely different sense of immigration than from simply reading about it in the classroom."

— Teresa Moore

Thousand Points of Light Still Lighting Up America

San Francisco Chronicle

VOLUNTEERS OF AMERICA

MONDAY, AUGUST 16, 1993

Americans volunteered 20.5 billion hours of their time in 1991, according to a recent study. More people volunteer each year than vote.

Volunteers in 1991:

- ▶ **94.2 million** volunteers ...
- ▶ contributed **20.5 billion** hours ...
- ▶ worth approximately **\$176 billion** (\$11.58 per hour was used to calculate value)

Top 5 volunteer areas:

Percentage of U.S. population participating, 1991

Religious organizations	26.8%
Informal	23.4
Education	15.4
Youth development	14.7
Health	12.9

How volunteers got involved:

Were asked by someone	36%
Through participation in an organization	36
Family member or friends benefited	26
Sought out activity on their own	18

Main reasons people volunteered:

Important to help others	90%
Compassion toward people in need	86
Want to help a cause important to them	86
Enjoy doing the work	76
Makes them feel needed	70

Percentage of people who volunteer:

Those 18 or older who volunteered in the last year

	NATION*	BAY AREA**
TOTAL:	51%	50%
Male	49	46
Female	53	53
White	53	53
Black	43	39
Hispanic	38	45
Asian	N.A.	36
18-24	48	51
25-34	53	42
35-44	61	47
45-54	56	63
55-64	49	50
65+	36	53
Under \$10,000	32	58
\$10,000-19,999	38	51
\$20,000-29,999	51	37
\$30,000-39,999	56	46
\$40,000-49,999	67	45
\$50,000-74,999	61	43
\$75,000-99,999	63	67
\$100,000+	74	60
Married	56	50
Single	48	46
Divorced, widowed	36	58

* 1992 data ** 1989 and 1991 data N.A. - not available

Sources: The Volunteerism Project, Independent Sector

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teers reported many pleasant physical effects — calmness, energy and greater self-esteem. Lowered blood pressure and improved immune systems have both been linked to altruistic acts.

Donating money and volunteer projects that do not bring people into direct contact with others do not bring about the same psychological and physiological boosts as person-to-person caring, said researcher Allan Luks, the author of "The Healing Power of Doing Good." He said that these studies indicate nurturing others satisfies some physiological need.

Many volunteers say they are moved to help because they want to do something for their communities, but what keeps them volunteering is how good they feel about connecting with someone else.

Zenzi Cook is a beauty school director who shows cancer patients how to camouflage the ravages of chemotherapy with wigs and makeup. Some of the women she advises have lost all their hair — including their eyebrows and eyelashes.

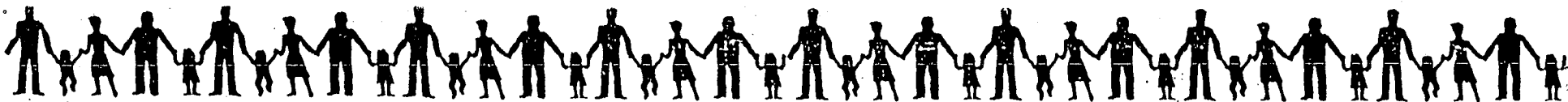
"If you don't have eyebrows, it's like the face has no personality," Cook said. Four years ago she became involved with "Look Good ... Feel Better," a national organization that trains volunteer beauty profes-

sionals to help cancer patients improve their looks and attitudes. She said she never imagined that teaching someone how to use an eyebrow pencil would make her feel so good.

"I can't tell you what a self-fulfilling program it is," she said. "We get so much more than we give."

'I wish we could throw out the term "volunteer" altogether. I think for a lot of people, it has negative connotations'

— NORA SILVER, director of the Volunteerism Project, a Bay Area research organization



GET INVOLVED IN YOUR COMMUNITY

LA FAMILIA COUNSELING CENTER, INC.

NEEDS
VOLUNTEERS
FOR A DOOR TO DOOR
SURVEY

WHEN: Saturday September 11th from 9:00 am to 1:00 pm.

WHERE: St. Rose Church 38th Avenue and Franklin, and Oak Park Community Center
Martin Luther King Jr. Blvd. and 8th Avenue, Sacramento, CA.

WHY: The survey will focus on developing a plan that will address violence issues that affect our community.

There will be free pastry & coffee, lunch and a raffle for all volunteers

SPONSORED BY LA FAMILIA COUNSELING CENTER, INC'S PROJECT "MAKE A DIFFERENCE"

Project "Make a Difference" is a La Familia Counseling Center project funded through the Wellness and Sierra Health Foundation. This project is designed to assist and organize residents from within the Franklin-Fruitridge community to work towards improving their neighborhood. Get involved to better your neighborhood.



YOU CAN MAKE A DIFFERENCE
For more information, call Alicia Pagliere or Ernest Motley at 452-3601

