



CITY OF SACRAMENTO

DEPARTMENT OF POLICE
HALL OF JUSTICE
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CITY MANAGER'S OFFICE
RECEIVED
FEB 1 1984

JOHN P. KEARNS
CHIEF OF POLICE

January 31, 1984
APPROVED
BY THE CITY COUNCIL

FEB - 7 1984

OFFICE OF THE
CITY CLERK

City Council
Sacramento, California

Honorable Members in Session:

SUBJECT: Improvement of Exercise Facility for Police Department as an
Additional Capital Improvement Project for Fiscal Year 83/84

SUMMARY:

Facility Maintenance originally estimated the cost of \$2,500 for additional improvement to our exercise facility. This amount was approved and established in the 1983-1984 budget. However, after budget approval, Facility Maintenance reappraised the project in terms of practicality and structural adaptability and the estimate is now \$18,000. This now qualifies as a Capital Improvement Project. A transfer request of appropriations to cover the increase is submitted for approval.

BACKGROUND INFORMATION:

Several years ago, the Police Department provided space for an exercise room. Initially the exercise room was sparsely equipped and use was somewhat sporadic. Additional fitness equipment was obtained by donations from department personnel and further departmental acquisitions led to a significant increase in the use of the exercise room by employees. Further, the installation of a shower stall again increased the use of the facility dramatically. We have noted that with every major or minor addition, the amount of participation increases.

We are pleased that personnel are taking the initiative to increase their fitness during off-duty time. The long-term results of good physical fitness programs will be returned by relieving stress, increase strength and agility to lower the conditions for occupational injuries and instill pride in one's appearance which has a direct result on work performance. The exercise room has provided a convenient location for the continuous training of the Crime Suppression Units (CSU) and Special Enforcement Response Teams (SERT). It also serves as a source of rehabilitation for injured officers.

The popularity of this facility has increased the demand on the single shower, sink, and lavatory. During certain times of the day, it is impossible to work out and expect a shower. Thus, willing persons lose the benefits of

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the facility. The expansion of three showers, additional lavatory and locker area would adequately handle the peak attendance and allow separate facilities for women.

FINANCIAL DATA:

This revised cost figure reflects an increase of \$15,500 to the original estimate of \$2,500.

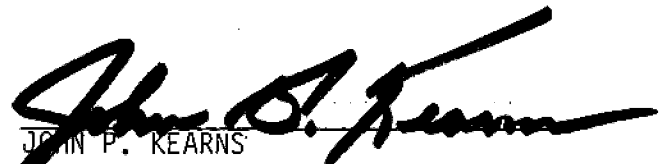
However, the revised improvements are more structurally sound, they add more room rather than just converting existing space, and are more efficient and cost effective.

The increase can be met by transferring the necessary funds from the Office of Administrative Services, Personnel and Training budget line item 4231 (Rental of Real Property) and line item 4241 (Maintenance and Repair). These funds were originally intended for the 1983 Fall Basic Recruit Academy. The department work force reduction suffered in the 1983/1984 budget made the Basic Academy unnecessary.

RECOMMENDATION:

It is recommended that the increased cost of this project be authorized and the transfer of funds also be allowed to meet the expense.

Respectfully submitted,


JOHN P. KEARNS
CHIEF OF POLICE

Recommendation Approved:


WALTER J. SLIP
CITY MANAGER

JPK:ad
Attachments
REF: 1-43

RESOLUTION No. 84-091

Adopted by The Sacramento City Council on date of

A RESOLUTION AUTHORIZING THE REALLOCATIONS OF FUNDS IN THE POLICE DEPARTMENT BUDGET TO COMPLETE A CAPITAL IMPROVEMENT PROJECT OF THE POLICE DEPARTMENT GYMNASIUM

WHEREAS, the Sacramento Police Department desires to provide adequate physical fitness/training space for their employees, and expand the facilities to provide separate showering facilities for men and women.

WHEREAS, the improvement to the Police Department gymnasium will provide initiative to personnel to increase their physical fitness.

WHEREAS, the long-term results of good physical fitness programs will be returned by relieving stress, increasing strength and agility and reducing the potential for occupational injuries.

WHEREAS, the funds to complete the gymnasium project are currently in the Police Department budget.

NOW, THEREFORE, BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF SACRAMENTO:

The Police Department desires to continue to encourage their employees to participate in a physical fitness program by providing an adequate gymnasium to conduct the fitness training. For this purpose the City Manager is hereby authorized to reallocate \$15,500 from account #101215600004231-rental of real property, and to include \$2,500 from account #101215500004241-maintenance and repair for a total of \$18,000 to be credited to account #101193143864820-capital improvement project of the Police Department gymnasium.

APPROVED
BY THE CITY COUNCIL

FEB - 7 1984

OFFICE OF THE
CITY CLERK

MAYOR

ATTEST:

CITY CLERK