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CITY OF SACRAMENTO

DEPARTMENT OF PARKS AND COMMUNITY SERVICES

ROBERT P. THOMAS
Director

G. ERLING LINGGI
Assistant Director

CITY MANAGER'S OFFICE
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JUL 24 1985

CROCKER ART MUSEUM DIVISION
GOLF DIVISION
METROPOLITAN ARTS DIVISION
MUSEUM AND HISTORY DIVISION
RECREATION DIVISION
PARKS DIVISION
ZOO DIVISION

July 24, 1985

APPROVED
BY THE CITY COUNCIL

JUL 30 1985

OFFICE OF THE
CITY CLERK

RECEIVED
CITY CLERK'S OFFICE
CITY OF SACRAMENTO
JUL 25 9 57 AM '85

City Council
Sacramento, California

Honorable Members in Session:

SUBJECT: Grant Application for Sacramento Senior Citizens' Center

SUMMARY

This report recommends that the Council authorize the submittal of a grant application under the California Senior Center Bond Act of 1984 for the renovation and expansion of the Sacramento Senior Citizens' Center. Applications must be submitted by August 5, 1985.

BACKGROUND INFORMATION

The California Senior Center Bond Act of 1984 provides funds to state and local agencies for the development of Multi-Purpose Senior Centers. \$1,478,736 have been allocated to Sacramento County on a competitive basis. The major emphasis of the act is to encourage the development of Multi-Purpose Senior Centers that provide for a broad spectrum of health, social, nutritional, and educational services and recreational activities for older persons. High priority is given to centers that serve a large number of seniors with low incomes and/or from minority or ethnic populations.

The Senior Citizen Center in Marshall Park is currently serving large numbers of low income seniors and an increasing number of minority participants. Approximately 50% (29,430) of the senior population in the City lives within a mile radius of the center. Present facilities are inadequate to provide a full range of human and social services and as recreational activities. The department has had enormous scheduling problems in attempting to meet the program demand for social services at the center, and staff is unable to accommodate the Sacramento Elderly Nutrition Program's hot lunch service which is greatly needed in this neighborhood.

The grant funds would provide for the addition of approximately 5,500 square feet of space and the redesigning and renovation of some of the existing space. Additions would include a large assembly room and renovated kitchen for meals, small meeting rooms for social services, small conference offices for individual social service counseling and client consultations, an enlarged craft area, additional restrooms, and limited off-street parking. (See Attachment A.)

This expansion will provide the department the opportunity to expand the social and human services currently available at the center, provide a hot lunch program (estimated at 200+ meals daily), add additional social and human services, and continue to offer the other recreational and cultural activities which are available at the center. Demographically, the facility is at the center of the City's senior citizen population, and it is recognized as The Senior Center in the City. It serves as the focal point for most of the senior citizens' activities in the City and the County.

The development of a downtown/midtown Multi-Purpose Senior Center has been a top priority of the senior citizen funders and providers in this community. The department has been working with these funders, providers, and other senior citizen network agencies to bring about a comprehensive Multi-Purpose Senior Center. The concept of a Multi-Purpose Senior Center has received the support of many agencies and the commitment to provide or expand services at the center from a number of providers. (See Attachment B.)

FINANCIAL DATA

Costs for this project are estimated as follows:

| | |
|-------------------|---------------|
| Construction | \$563,576 |
| Design/Inspection | 148,990 |
| Furnishings | <u>25,000</u> |
| Total Costs | \$737,566 |

The grant program requires a 15% match, either in-kind or direct contribution, for an amount of \$110,634 for this project. The Department of Parks and Community Services proposes to solicit community support for a portion of this match with the total match being appropriated as a Capital Improvement Project in the 1986-87 FY with the City's contribution to be reduced by the amount of community contributions.

The actual grant request will be for \$626,932. (Total project cost less the community/local match.)

BUDGET AND FINANCE RECOMMENDATION

The Budget and Finance Committee will review this item at their meeting on July 30, 1985. Committee action will be presented verbally to the Council. This scheduling problem was necessitated by the short turn around time from the receipt of the Request For Proposals to the application deadline.

RECOMMENDATION

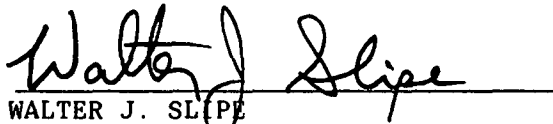
It is recommended that the City Council approve, by resolution, the submittal of an application under the California Senior Citizen Bond Act of 1984 for the renovation and expansion of the Sacramento Senior Citizens' Center. Upon award of the grant, the Department of Parks and Community Services will report back with a recommendation regarding other specific funding to meet the match requirement.

Respectfully submitted,



ROBERT P. THOMAS, Director
Parks and Community Services

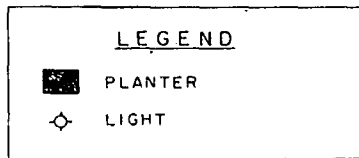
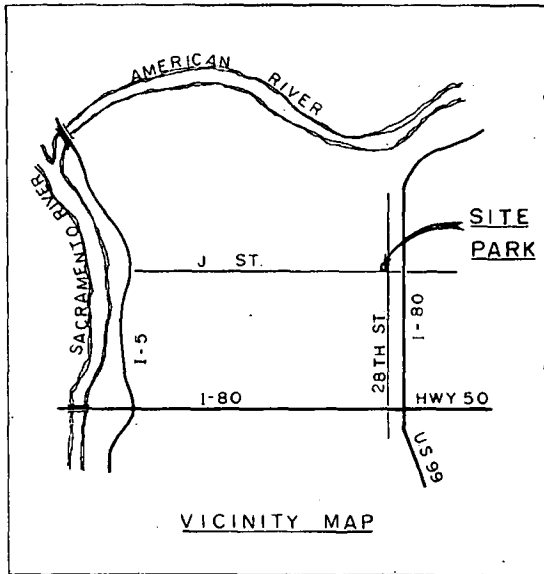
Recommendation Approved:



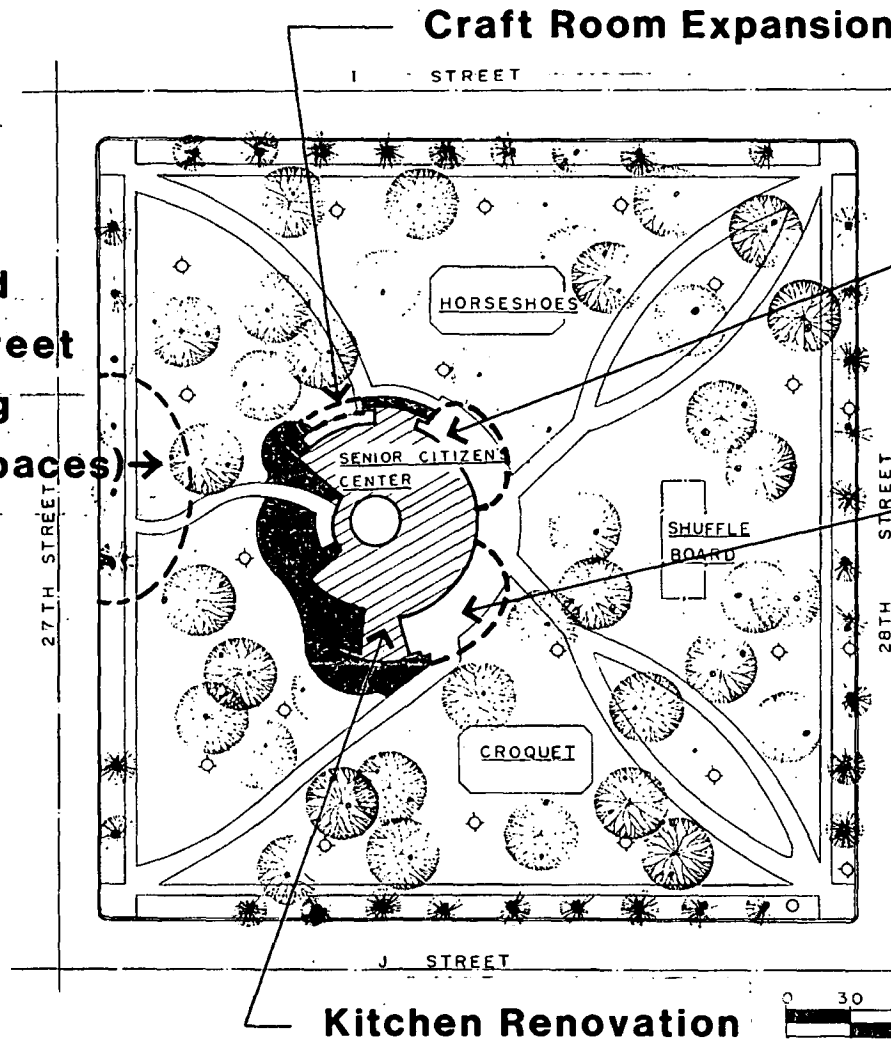
WALTER J. SLUPE
City Manager

RPT:sl
Attachments

July 30, 1985
All Districts



Limited Off-Street Parking (±10 Spaces) →



Meeting & Conference Rooms

Large Assembly Room

| REVISIONS NO. | DESCRIPTION | DATE | BY |
|---------------|-------------|------|----|
| | | | |
| | | | |
| | | | |

DRAWN BY J. CHAN
 DESIGNED BY _____
 LANDSCAPE ARCHITECT _____
 DATE Nov 84
 FIELD BOOK _____ SCALE _____

CITY OF SACRAMENTO
 DEPARTMENT OF COMMUNITY SERVICES



MARSHALL PARK (3.05 AC)

SHEET
 % SHEETS

12

SACRAMENTO SENIOR CITIZEN CENTER

CURRENT PROGRAMS/PROVIDERS/SERVICES:

- *Emphysema Aid Society - Support Group
- *Alzheimers Aid Society and Support Group
- *Glaucoma Screening - Nor-Cal Center for Blindness
- *Blood Pressure Testing - Sacramento Hypertension Council
- Widow and Widowers Support Group through Bereavement Council
- Lost Chord Support Group
- *Medicare/Income Tax/Renters Counseling and Assistance
- Retired Senior Volunteer Program - Volunteers
- Use of Center by Senior Organizations: R.S.V.P.; Foster Grandparent; Senior Legislature, Sons in Retirement; AARP; Sacramento Senior Citizens Club
- *American Red Cross - classes in C.P.R. and First Aide
- *Sutter Hospital/American Lung Association - Senior Exercise Program
- *Flu Clinics
- *Health Faire
- *Breakfast Program
- Information and Referral - 100+ calls per week
- Misc. Recreation Programs - Tours, picnics, dances, concerts, lecture series, etc.
- Recreation Clubs for Seniors - Chess, Stamp, Fly Fishermen

*To be expanded

COMMITMENT TO PROVIDE SERVICES

- Elderly Nutrition Program (Lunch)
- Senior Ombudsman Advocacy Program
- Mental Health Association Bereavement Program
- Womens Stress Alternatives
- SHRA Senior Service Providers - RSVP, Foster Grandparent, SAIL

OTHER PROPOSED PROVIDERS

Seniors Job Mart

United Christian Centers - Adult Day Health Care

Legal Services for the Elderly

Educational Services - Project Gold/PASAR/U.C. Davis Extension

Elderly Assessment Program

Adult Protective Services

Elder Abuse

SERVICE PROVIDERS AND SERVICES (WITHIN 1/2 MILE)

Social Security Office

Sutter Hospital (Emergency Room Service)

Regional Transit

City Library Branch

Shopping - Grocery, Hardware

Housing

Midical Office

Moderately priced restaurants

Sutters Fort

McKinley Park

YWCA

St. Paul's Center

Banking

Pharmacies

County Social Services Office

Senior Community Service Employment Program

APPROVED
BY THE CITY COUNCIL

JUL 30 1985

OFFICE OF THE
CITY CLERK

RESOLUTION NO. 85-513

ADOPTED BY THE SACRAMENTO CITY COUNCIL ON DATE OF

RESOLUTION APPROVING THE APPLICATION FOR GRANT FUNDS UNDER THE STATE OF CALIFORNIA SENIOR CENTER BOND ACT OF 1984 FOR THE SACRAMENTO SENIOR CITIZENS CENTER

WHEREAS, the people of the State of California have approved the Senior Center Bond Act of 1984, which provides funds to public and private nonprofit agencies for the purpose of acquiring, constructing, altering or renovating senior centers, and purchasing equipment or funding startup costs for senior centers; and

WHEREAS, the California Department of Aging has been delegated the responsibility for the administration of the program and setting up necessary procedures governing applications by public and nonprofit groups under the program; and

WHEREAS, said procedures established by the California Department of Aging require the applicant to certify, by resolution, the approval of applications prior to submission of said applications to the State; and

WHEREAS, the project applied for under this program must be of a high priority and satisfy the most urgent need with priority on unmet senior center needs from rural, low income, and racial or ethnic minority areas;

NOW, THEREFORE, BE IT RESOLVED that the City Council of the City of Sacramento hereby:

1. Approves the filing of an application for funding under the Senior Center Bond Act of 1984;
2. Certifies that the senior center will be available for use by all senior citizens;
3. Certifies that said agency has or will have sufficient funds or other resources to operate and maintain the senior center funded under this program;
4. Certifies that said agency has or will have available, prior to commencement of any work on the project(s), matching money from a non-federal or non-state source;

- 5. Certifies that said agency will comply with all federal, state, and local environmental, public health, relocation, affirmative action, and clearinghouse requirements and all other appropriate codes, laws and regulations applicable to the project;
- 6. Certifies that the project included in this application conforms to the Area Plan on Aging for the Planning and Service Area in which the senior center is located; and
- 7. Appoints the City Manager as agent of the City of Sacramento to conduct all negotiations, execute and submit all documents including, but not limited to, applications, agreements, amendments, payment requests, reports, and so on which may be necessary for the completion of the aforementioned project.

MAYOR

ATTEST:

CITY CLERK